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There are 8 openings left for advertising on this page. Contact Colleen@flacc.org if you are interested in advertising.

 **FOREST LAKE AREA Chamber of Commerce** **Where Business and Success Meet**
(651)464-3200

Columbus Forest Lake Lent Linwood Scandia Stacy Wyoming

August 2009

Business Education Day...a 35+ year tradition



This is your opportunity to welcome teachers and school administrators new to ISD #831, St Peters Catholic School, Lakes International Language Academy, North Lakes Charter School, and Maranatha School, meet with school administrators and network with other chamber members.

Last year the Chamber welcomed 80 new school personnel into the Forest Lake Community.

Don't miss the opportunity to showcase your business and to participate in this exciting and unique community event.

Wednesday, August 26, 2009
Display set up: 10:00—11:00 am • Registration: 11:30 am
Lunch: 12:00 pm • Adjourn: 1:00 pm
American Legion Post #225, 355 W. Broadway, Forest Lake
Cost: \$15.00


Secure your spot TODAY by completing the enclosed registration form.

September Membership Meeting
SAVING ENERGY IS SMART BUSINESS

Meeting sponsored by: Green Door Consignment Company
Thursday, September 17, 2009
11:30 a.m.—1:00 p.m.
ZieglerCAT Facility
13822 West Freeway Drive, Columbus
Speakers: Jill Curran (Energy Smart), Trish Curtis (Connexus Energy), Ryan Bruers (Xcel Energy)
Lunch catered by Red's Savoy Pizza
\$15 members or \$20 non-members
For more information go to www.flacc.org or register by completing the enclosed registration form.

Or Current Resident

Forest Lake Page:
www.forestlake.ws
www.flacc.org
P.O. Box 474
Forest Lake, MN 55025-0474
Where Business and Success Meet
Forest Lake Area Chamber of Commerce 

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CHAMBER STAFF

Colleen Eddy, President

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OUR MISSION

The Forest Lake Area Chamber of Commerce is an organization representing business and industry, working together to advance the economic well being of its members and the community.



Fellow Chamber Members,

It's hard to believe August is already here and another summer season will soon be coming to a close. On Monday, August 3rd, the FLACC held its 22nd Annual

Chamber Golf Tournament at Forest Hills Golf Club. Once again, the event was a huge success. The weather was nearly perfect and the course was in tremendous condition. Just like any other event, it is the people and the businesses who participate that make this such an enjoyable and successful event. A big thank you goes out to the many individuals and businesses that participated, whether that was through a sponsorship, donation, volunteering at the event or playing in the tournament. Please visit the chamber website at www.flacc.org to see a listing of those businesses that took advantage of the various sponsorship opportunities available for this event.

As you are visiting the chamber website, I encourage you to take a look at the events calendar and take advantage of upcoming opportunities. The brown bag lunch series continues to be held the first and third Tuesday of each month, with the next program being August 11th at the chamber conference room. The topic will be "Link Me, Friend Me, Follow Me,"

and will cover internet based options to market yourself and your business.

From the Chair

Coming up on August 26th is the annual business education day, held at the American Legion in Forest Lake, where businesses have the opportunity to market themselves to new staff members of the area schools. This is a great event and provides great exposure to all who participate.

The next membership meeting is scheduled for September 17th at the Ziegler CAT facility in Columbus. The topic will be Energy Smart Solutions. I encourage your attendance as this is a topic that will only continue to grow in importance.

I take the time to point out these upcoming events because it is important for you to take advantage of the opportunities your chamber makes available to you. Just like anything in life, you only get as much out of something as you put in to it. The more you put in to taking advantage of opportunities within the chamber, the more benefit you will see from your membership. As you'll continually hear me say, take advantage of every resource you chamber has available. If you have questions, comments or would just like to visit about opportunities, please contact the chamber office or any of your chamber board members. We'll be happy to assist in any way possible.

Sincerely,

Dan Kitzinger, Board Chair.

From the President

THANK YOU to all of you who donated, sponsored, participated in, and volunteered at the 22nd Annual Golf Day on August 3rd! With all your help this legacy event was a huge success for the chamber and the community.

Two new happenings at the chamber:

1. "Coffee Chatter" this replaces what used to be called Sunrise Networking. The first Coffee Chatter is on Thursday, August 27th at 7:30 am at Meadows on Fairview. Join us as we start the day with important networking and a chance to build some referrals. Meadows will be giving away exciting prizes, so don't miss out on this new event!
2. YOUR chamber is going "GREEN"! After printing a monthly newsletter for the past several years the FLACC will be emailing an e-News

letter starting with the September newsletter. The new e-newsletter will still have all the important articles it always had and it will be easier to go straight to what you really want to read about. It is important to stay in contact with all our members so feel free to email me your employees email addresses so they too receive future FLACC e-Newsletters.

The Chamber is also working on ways to help our members get through this tough economic climate. Please remember the chamber is here for YOU—so if you have any questions or concerns please call or email me. Remember—we are all in this together!

Sincerely,
Colleen



Member - to - Member Discounts

The following members offer a discount to fellow Chamber members. If you would like to provide a Member—to—Member Discount, contact the Chamber Office at 651-464-3200 or chamber@flacc.org.

ABBRA Carpet Cleaning. 10% off any combination of services of carpet, upholstery and/ or duct cleaning. Some restrictions apply. Call 651-464-6931 for an appointment.



AMSOIL Synthetic Lubricants and Filtration. Retail, commercial, fleet, Motorsports and personal at Wholesale saving 25%. Extended life products that are better on the environment. www.jimdoil.com Contact Jim at jdsynthetics@gmail.com or 651-464-1684.

B & B Carpet One.

10% discount on any flooring or counter tops. Visit us at 1500 S. Lake St, Forest Lake. 651-464-1202.



Car-X Auto Service. 10% off every and any service, part or tires. 651-982-0884.



CenterStone Title.

Full Service Title Company: Receive \$100 off your closing fee when you choose CenterStone Title. 651-294-3190 or closings@centerstonetitle.com.



Country Inn & Suites of Forest Lake.

20% discount for all Chamber members. Call Cindy at 651-982-9799.



Culvers. Buy one—get one free double cheeseburger.



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DUCTZ Indoor Air Professionals, an NADCA certified, local duct cleaning company would like to offer a FREE dryer vent or air exchanger cleaning with purchase of duct work cleaning OR 10% off business or commercial property duct cleaning. FREE on-site written estimates at home or business. If you have any questions, email us at terry.helinsky@ductz.com

East Central Audiology. 10% discount on hearing aids, hearing repairs, and supplies. Call Julie at 651-464-8486.

Emerging Business Systems. 10% off any Corporate Identity or Marketing Materials Design

Services. Contact Brian at 651-204-0455 or bnosie@ebsystemslltd.com. www.ebsystemslltd.com.

Five Star Financial Resources. Free 1 hour financial consultation. Call your retirement specialists at 651-464-1198.

Flexible Spaces. Offers 15% discount on all office or closet organizer designs. Contact Denny at 651-464-8492 or visit www.FlexibleSpacesMN.com.



Flyaway's Gold

Gymnastics. \$25 off family registration and \$25 off Flyaway's Gold Birthday Party. Call Mark or Debbie M. at 651-464-8648. www.flyawaysgymnastics.com.



Forest Lake Pizza Hut. 15% discount to all Chamber Members. 651-464-7383.



Forest Lake AmericInn. 20% discount to all FLACC members. For reservations, call Anita at 651-464-1930.



The Lakeside Fine Dining. \$4.99 daily lunch special or boxed lunches dine in or to go.



Gavia, Inc. On-site and remote computer service. Is your data safe? 1 month free remote, on-line backup service with a 12-month contract. Call Daree today for peace of mind. 763-434-0848 or 651-429-9994. www.gaviainc.com.

Goetz Landscape & Property Maintenance: Goetz Landscape has expertise in Landscape Design/Build Services, Contracted Property Maintenance and Lawn Care Turf Analysis and treatment. This offer is for a free one hour consultation to chamber members. Members also receive 5% off any related services provided thereafter. Expires Sept 30, 2009

Howell Heating: 10% on any repairs (including emergency hours). Or a FREE thermostat with any new Lennox Furnace or Air Conditioner installed. Call Zack at 651-398-1100 or visit www.howellheating.com.



Lakes Telecom, Inc. Members receive a 10% discount for telephone systems & upgrades; cabling, paging, background music, & voicemail systems. We sell computer & servers & provide maintenance & upgrade service. Call us at 651-464-PHON (7466) for a free consultation & review. Need help relocating? Let Lakes Telecom help you coordinate your move with your telephone and internet services providers. Don't forget to tell us you are a FLACC member when you call.



MindScapes Unlimited offers NLP Mind/Body Success Coaching, Motivational Speaking, and Seminars to Help You Gain the Power to Achieve what you want more of and Find the Freedom to Overcome what you want less of. Lori Bestler-Positive Change Expert, is a Certified NeuroLinguistic Practitioner, Stress Management Consultant, Motivation Coach and specializes in Changing Landscapes of the Mind for the Health and Wealth of it! Lose weight-feel great. Manage stress-More success. Overcome fear, Achieve more goals, and so much more. Call or Contact Lori today for your FREE consultation. Chamber members receive a 10% discount on all services. Phone:651-464-9034

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Melaleuca (The Wellness Company). \$10 off membership fee (reg \$29 - year) - and a free no obligation introduction (30 min) to the company and their products (over 350 consumable) at your place of business, would love to hear about your business at this get together...Contact Jim Westlund, 651-466-0181

Northern Sign Solutions.

A Full Service Sign Shop. Receive 10% off new signs, banners or awnings. Contact Jeanne, 651-982-6069. www.northernsignsolutions.com.



On Broadway Car Wash/Dunn Bros Coffee. 20% off any car wash or beverage purchase



Room for Growing Educational Childcare. Free registration given at time of enrollment (\$50.00 value)

Security State Bank. No Service Charge Small Business Checking Account for 1 year. Call 651-464-1033 or visit 21450 Forest Blvd. next to Max's Groove House. www.themarinebank.com.

Shake the Weight. Free registration and 10% off of their purchase for all Chamber members.



Waldoch Custom Center. 13821 Lake Drive, Forest Lake. 10% off any fun lifestyle accessories for trucks, vans, SUV's. Call our Sales Team at 651-464-3215 and say you're a Chamber member!



Whitaker Buick Pontiac GMC. 10% discount on all non-menu service work for Chamber members. Discount applies to parts and labor. Mention this offer at time of write-up. Also, call Steve Bystrom for special pricing on new and pre-owned vehicles. Call 651-464-5612 or www.whitakerauto.com.



Get involved

Young Leaders Corner.....

By Michelle Biernat, Chair of the Young Leaders Group

What a great July Young Leader's meeting! If you were not able to attend, you definitely missed out. Our meeting was held at The Lake House and Blake Dalbec of Forest Lake Motor Sports presented on wakeboarding, teaching us the ins and outs of the sport and how to choose the right board for our skill level. The best part of the presentation.....a live demonstration which included a boat ride on Forest Lake for all of the meeting attendees. We were lucky enough to have a beautiful sunny day and an even more beautiful boat provided by Forest Lake Motor Sports for our demonstration. Our demonstrator was Blake Carpenter of Scandia. He put on an amazing performance and left us all very impressed. If you are interested in finding out more about wakeboarding, there is an upcoming competition that will be held at the Forest Lake beach on Saturday August 22, 2009. Thanks again Blake for an awesome presentation.



Young Leaders enjoying a beautiful day on Forest Lake; Dar, Andrea, Karolina, Michelle, Melissa, Marty and Blake



Our next meeting will be Friday August 14, 2009 at 11:30 a.m. at Famous Dave's. There will be a slight change to the agenda for this meeting. Jesse Johnson had to re-schedule his presentation and will now be presenting in November instead. We will be using our August meeting as a planning session for a chamber wide event hosted by the Young Leaders Group. Please make time to attend this meeting and provide your ideas on how we can help contribute to the chamber's success.

Our meetings are always open to the chamber at large and we would love for you to join us. Please RSVP either to myself at michelle@rychley.com or to the chamber office if you plan to attend our August meeting. *"The Young Leaders Group plays an important role in connecting young members of our business community in order to foster relationships to help one another grow our businesses and help our community prosper."*

Calendar of Young Leader Presentations:

August
Location – Famous Dave's
September
"Refusing Chemotherapy: When Can the Government Interfere With Your Constitutional Rights?"
Karolina Konczyk, Johnson & Turner, P.A.
Location – Max's Groove House
October
"Recent Tax Law Changes"
Michelle Biernat, Rychley Tax & Financial
Location – Big Apple Bagel
November
"Retirement Planning"
Martin Rychley, Rychley Tax & Financial
Location – Old Log Cabin

Member Profile

Sherman Insurance

How long have you been in business?

We've been in business since 1937.

What is your main service/product?

Business and personal insurance.

What makes you stand out from your competition?

Service, professional knowledge and extensive insurance markets.

What is your company's most significant recent

Accomplishment?

Continued growth for the past two years.

Why does your business belong to the Forest Lake Area

Chamber of Commerce?

To Network and give back to the community.



555 W Broadway Suite 6

Forest Lake, MN 55025

651-464-4556

Infrastructure Update from Washington County.....



PROJECT PROGRESS UPDATE: BROADWAY AVENUE (CSAH 2) From 7/1/09 To 7/15/09

1. Soil explorations have begun. You will be seeing drill rigs in the project area over the next few weeks. This information will assist designers with footing requirements

for bridges; understand the structural integrity of soils under roadways that will be repaved; and to analyze the ability for in situ soils to infiltrate water in planned ponding areas.

2. The Project Management Team met on 7/9/09 to review project progress and to refine aspects of the bridge designs for CSAH 2 and CR 83.

3. Detail design work is currently focused on the CR 83 project. Final design plans for the CR 83 overpass will be 60% complete by August 2009.

4. Signal Justification Reports and Intersection Control Evaluations are being completed for major intersections along CSAH 2. These documents are required by Mn/DOT.

5. Next Steps:

a. Concentrate design efforts on the CR 83 overpass to meet schedule and funding requirements.

b. Continue meeting with property owners regarding project impacts and private access.



August

Refreshment Host

Thank you to

Bill's Auto Body



Renee & William Waddell
24408 Greenway Avenue
Forest Lake, MN
651-464-6477

"Where Quality Comes First"

The Refreshment Host supplies the Chamber with coffee, pop, and snacks for meetings held at the office. The cost is \$35 in cash or supplies.

The Chamber is always looking for businesses to be Refreshment Host. This is a great and inexpensive way to get your name in front of a large number of people. For only \$35 a month you receive recognition in the Chamber Newsletter, advertising at the Chamber front desk seen by both the public and members, and advertising at all the meetings held in the Chamber conference room. Please call the Chamber at 651-464-3200 to reserve your spot as Refreshment Host.

Community Corner

The marketing committee began discussing topics involving community and options out there for serving in our communities at last month's meeting. The idea of having a short article each month on our communities in the monthly newsletter, specifically in the area of charitable concern, came out of that discussion.

I checked into the definition for "community" and overall the common denominator in all definitions was "a group of like-minded people w/ common interests".

I believe a real high majority of people enjoy volunteering – through their time and talents (or lack of in my case) when they are made aware of current needs – through effective communication. The intention of this article is to assist keeping people in the know of upcoming opportunities to help out, results of those opportunities and also general information on the different non-profit organizations around our community.

On June 30th there was a blood drive @ **Birchwood Health Care Center** and 32 units or 4 gallons of blood was collected, very successful day. This is the type of event I will attempt to keep you in the know of – what, where, when, why and possibly the results after the fact.

Spotlight Business: Community Helping Hand in Forest Lake just celebrated 30 years in serving in our area. They are located behind Target in Forest Lake and have been a huge blessing to our communities since 1979 – check out their website at www.communityhelpinghand.org and see how you can help today.

Thanks for all you do already in our community – you are appreciated.

By: *Jim Westlund, Melaleuca Company*

Living on Less: Resources for Families in Need

Times are tough. Many local families are struggling financially/emotionally/mentally and we want to make them aware of resources available to them right here in our community, such as: food shelves, financial assistance, free/reduced school lunches, public health services, stretching your food dollar and more! Everyone is welcome. Forest Lake Area Partnership for Families (FLAPF) is sponsoring this first ever event. Questions? Call Tovah Marek at 651.464.3685.

Wednesday, August 12th

11:00 am to 2:00 pm

Maranatha Assembly of God

24799 Forest Blvd. N.

Wyoming, MN



MN Chamber Corner

Minnesota Chamber provides unified business voice By David C. Olson

Minnesota businesses face many uncertainties in today's economy. One thing they can count on, however, is the advocacy of the Minnesota Chamber of Commerce to make this state a better place to do business. Our influence and success is strengthened by our statewide network of local chambers of commerce.

To read David's complete column go to the MN Chamber Website: www.mnchamber.com.

July Ambassadors

Members of the Forest Lake Area Chamber of Commerce volunteer their time to make "Ambassador Visits" to local businesses each month. If you would like a visit from the Ambassadors, please call the Chamber office at 651-464-3200. Contact the Chamber to learn how you can become an Ambassador.

FlyAways Gold Gymnastics
255 7th Avenue
Forest Lake, MN 55025
651-464-8648

"Flyaways Gold... our dream is to carry on a quality gymnastics program as we move into the twenty-first century."

Flyaways Gold Gymnastics is committed to your child's interest in gymnastics and fitness. Co-owners, Mark and Debbie Hegquist have over 40 years of experience coaching athletes at all levels. They have enlisted and educated an outstanding collection of talented and energetic professionals that keep classes exciting and enjoyable while your child discovers the uneven bars, vault, balance beam, trampolines and so much more! Programs provide for a wide assortment of interest and abilities, ranging from physical fitness and motor-skills development for the very young to expert training and instruction for those aspiring to high levels of gymnastics competition.



The Flyaways Gold Gymnastics staff and programs are dedicated to providing quality gymnastics in a safe, positive and nurturing atmosphere. From toddlers to teens, Flyaways Gold is fun for everyone! Outstanding consistency in quality instruction is primary indicator for a child's success. Flyaways Gold takes pride in choosing motivated instructors that exhibit their commitment to be present and engaged in your child's weekly learning experience. Learning gymnastics can be fun and successful when consistent priority is made. Similar to other talents, learning gymnastics is a study of skill progression applied to your child's age, attitude and ability.

As Flyaways Gold Gymnastics commences its third year, we would like to extend our gratitude to all of the families that have supported us to date. We are proud to offer Forest Lake and surrounding communities' youth a wholesome, enjoyable environment in which to explore gymnastics, physical fitness and other exciting activities. The Hegquists are proud to offer the Forest Lake area youth a place for gymnastics and related physical activities in a wholesome, enjoyable environment.

Thank you to the July Ambassadors: Mark Hegquist, FlyAways; Erica Gilkerson, FlyAways; Jessica Ramberg, FlyAways; Emily Ramberg, FlyAways; Vicki LaMotte, South Lake Design; Judy Johnson, Flexible Spaces; Amy Ralidak, Sherman Insurance; Kelly Appel, Lake Area Bank; Tom Campbell, Patriot Bank Minnesota; Randy Mattson, Mattson and Wiens LTD; Jim Christensen, Sherman Insurance

Patronize your fellow chamber members!